

Multi-County Cancer Support Network, Inc.

Bedford, Coffee, Franklin, Grundy, Lincoln, Marion, Moore, Warren

Volume 29 Number 11 November 2023

OFFICERS

Terry Tucker, President Carol Davis, Vice President Dr. Navid Monajjem, Secretary Linda Goodman, Treasurer

DIRECTORS

Barney O'Keefe - 2023
James V. Payne - 2023
Rhonda Cantrell - 2024
Jeremy Price - 2024
Robert Bailey - 2024
Open - 2024
Melanie C. Smith - 2024
David Williams - 2024
Amanda Wiseman - 2024
Cile Alexander - 2025
Dan Marshall - 2025
Ashley Brock - 2025

REPRESENTATIVES

Open - Grundy County Joan Davis - Marion County

MCCSN is a registered section 501 (c) (3) nonprofit organization

Dir. of Operations: Dottie Darnell (Interim)

Office Assistant: Linda Goodman

Office Hours: 8:00 a.m. – 11:30 a.m. 12:30 p.m. – 4:00 p.m. Tuesday, Thursday, Friday

Mailing Address: P. O. Box 633, Decherd TN 37324

Office Address: 501 W. Broad Street Decherd, TN

Contact Numbers: 931-967-0904 Fax: 931-967-0920

Website: www.mccsn.org

E-mail: mccsn501@att.net

Associate Newsletter Volunteer: Open

Newsletter published periodically with exception of January, also available on the website

30th Annual Walk-A- Thon

This year MCCSN celebrated its 30th Walka-Thon and what a remarkable night it was to celebrate! As the walk-a-thon began, it was if we were in the "Emerald City" as we watched the survivors make the first lap adorned in green survivor shirts. There is always such emotion when Mr. Chris Staples begins singing "Amazing Grace". Great emotion wells up in me anytime I hear the song, but it is so much more when we watch our brave neighbors take the first lap.

We were so blessed with gorgeous weather and good fellowship. There were those neighbors who were not able to join us this year, but their lives were commemorated during the candlelight ceremony. It is always a solemn event when the lights are turned out and you see the luminaries glowing to memorialize our neighbors who have lost their battle with cancer and honor our neighbors who are still fighting their battle.

We took a few moments to recognize a group of caring neighbors who saw a need some 30 years ago to help other neighbors in the community who were fighting cancer. We honored these neighbors as well as shared some history. The group, cofounded by Larry Shelnutt and Janet Torstenson, met to provide emotional support to cancer patients, but realized later those same patients could also use financial assistance. MCCSN was born! Larry came up with the idea to sponsor the first walk-a-thon and it has been going strong ever since. How appropriate was it that this year's theme was "Neighbors Helping Neighbors". We pay tribute to them and say Thank You!

The crowd enjoyed great entertainment. First, Huntland High School students sang a beautiful rendition of "The National Anthem". The Sims Family graced us with their bluegrass gospel.

. . . continued top right

continued from left . . .

Our talented Emcee, Josh Ogle, shared songs he wrote with us as he played More entertainment was guitar. provided by Mrs. Lisa Hale, Mr. Chris Smith and the Winchester Civic Choir, and Mr. Austin Burgin. Little Elvis (Hunter and Fischer Hill) stole the show with their rendition of some famous Elvis classics and their Elvis moves. Brother Tom Harrison, Lynchburg Church of Christ. delivered an inspirational devotion. Mrs. Debbie Turner provided encouragement through her songs and testimony.

The MCCSN Board of Directors would like to thank every individual, business, and sponsor for supporting this year's WAT. We also say THANKS to the many volunteers, who worked booths, donated silent auction items, filled and lit luminaries, and helped with set up and clean up. Because of your efforts, MCCSN can continue to provide assistance to cancer patients and their families. "Neighbors Helping Neighbors."

. . . Terry Tucker, President

Walk-A-Thon Plagues – 2023

!! Congratulations !!

First Team to Sign Up & Pay in Full:
 Little Hurricane Baptist Church
 Most Contributions - Church:
 Winchester First United Methodist
 Most Contributions - Friend/Family:
 Carol & Friends
 Most contributions - School:
 Clark Memorial Elementary
 Most contributions - Corporate:
 Lifecare Center (Tullahoma)
 Most fund-raising at Walk-A-Thon:
 Riva Lake Baptist Church
 Best decorated tent:
 Estill Springs Baptist Church

Irish "Chain of Love" Quilt winner:

Cristy Tankersley

Event Sponsors

Action Graphics American Legion Post #44 **Bounds of Fun Parties & Event Rentals Concert Production** Reves Coca-Cola **Food City - Winchester** Franklin County Sheriff's Resources HR&R Portable Restrooms LLC **Herald Chronicle Huntland High School Interact Club Huntland Middle School Interact Club** Ice Machines Unlimited **Interlocal Solid Waste Authority Material Girls Quilt Guild** North Middle School Beta Club Josh Ogle **PepsiCo** Scharber's Golf Cart Sales & Service **Solid Rock Computers & More**

Walk-A-Thon Sponsors

Platinum Plus Plus Neighbors

Concert Production
Southern Tennessee Regional Health Services
Tennessee Oncology

Platinum Neighbor Henley Supply Millwork

Silver Neighbors

Citizens Community Bank
Compassus Hospice & Palliative Care
Duck River Electric Membership Corporation
Elk River Health & Nursing Center (Winchester)
Harmony Cumberland Presbyterian Church
Tullahoma Imaging

MCCSN Prayer list = Please pray for each person listed and their families. Names are in bold print when first added. If you have asked to be on the prayer list and your name does not appear below, or you would like to add someone to the prayer list, please email mccsn501@att.net with your request or call MCCSN office (931/967-0904).

Bedford	Franklin	Grundy	Lincoln	Moore
Jacqueline Cantrell Karina Flores Mary Floyd Charlotte Garrett Carolyn F. McCroskey Kiana Pendergrass Earl Pressley James Price Diana Prince Coffee Suzanne Boals David Bolt Deborah Clayton Larry Davis Larry Elkins Beatrice Embair Perry Godfrey Gary Mahaffey Danielle Phillips Joyce Thompson Karen Tyler	Anonymous Herman Acklen Melisa Ballard Susan Elliott Kristina Farris Brenda Hall Dickie Hollis Mark Hughes James Ingle Bill Keller Rickey Lukehart Dwayne Miller Tina K. Robinson Edith Scott Marylyn Short Ellen Steadman Earl Stoutzenberger Jim Tipps Pepply Zeman	Johnny Bray Ethelene Burnette Kathy Campbell Russell Fountain D. Jane Hampton Tammy Hargis Brenda Layne Norman Meeks Jennifer Parmley Doris Patrick Charles Schrum Bessie D. Totherow Stephen Turner Jeffery Vanderploeg	Steven Bailey Jane Bradley Sherry Cagle Anthony Carter Connie Carter Chris Counts Roxane Halburg Kimberly Johnson Joey McNeal Shirlie Mearse Marion Deborah Christian Alicia Elmore Brittney Griffith Natasha Johnson Gary Kimber Lasenia Ladd Marty Webster	Jeffery Burton Vickie Farrar Warren Jeffery Borren Sunshine Clem Kurtis Grubbs Emily Knowles Pam Minton Russell Montandon Gwendolyn Robles Tony Terrell Kellie Thaxton Stephen Weeter Out of State Bobby Clark (Indiana)

Memorials

Darren Baggett by Dwight & Sandy Schultz

Tammy Click
by Barbara Ann Lucas

Janis Earle
by Keith Springs Baptist Church
Ladies Ministry

David Luttrell by Laura Henley

Patti Manthe by Christine Deadman

Larry V. Matlock by Terry & Dottie Darnell Dan & Terry Tucker

Joe P. Morris by Cheryl Morris

R B Ray by Family & Friends

Jonathan Smith by Ricky & Barbara Smith

Rita Lappin Smith by Friends

Ray Torstenson by William F. & Linda Ayers Kim Land's Friends/Co-workers Ricky & Barbara Smith

Ray & Janet Torstenson by Pat Blair & Dana Perkins

IN HONOR

Pam Peck by Melissa & Finney Weaver



Sunday, November 5, 2023

Deepest Sympathy

To the families who have lost loved ones including the families of:

Darren Baggett
Joe Blackwell
June B. Bliss
Jeffery Louis Henshaw
Bobby Horton
Teresa Johnson
Larry V. Matlock
Zach Murray
Greg Prince
R B Ray
Deborah Talent
Ray Torstenson



"He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning, nor crying, nor pain anymore, for the former things have passed away."

- Revelation 21:4

REGULAR DONATIONS

Thomas & Jean Arnold
Blackbaud Giving Fund
Betty Campbell
Cindy Campbell
FCHS Class of 1962
Mr. & Mrs. Zeno Early, Jr
Charlene Jones
Kroger
Lincoln County Girls Volleyball 2023
Carroll & Sharon Marlow
James Leon Parker, Sr. (Estate)
Susan Diane & James Sain

WAT DONATIONS

Estill Springs United Methodist Church Keith Springs Baptist Ladies Club Steven & Deborah Woodward

Thank you for caring and your generosity

Help people, even when you know they can't help you back

2023 WAT Teams

30/30 Team **Carol & Friends Center Grove Baptist Church Clark Memorial Elementary Compassus Hospice/Palliative Care Crossroads Baptist Church Decherd First Baptist Church** Dr. Myers & Nurse Practitioners **Elk River Baptist Church** Gerry with a "G" **Greenhaw Baptist Church Harris Chapel United Methodist Hickory Grove Baptist Church** Hillsboro First United Methodist **Holy Walkamolies** Homelanders **Huntland Middle & High School Interact Jordan Turner Team Lifecare Center Little Hurricane Baptist Church Macedonia Primitive Baptist** More than Conquerors Mt. Olive Missionary Baptist Church **Oaklawn Baptist Church** Owens Chapel Cumberland Presby. **Pam's Prayer Warriors Riva Lake Baptist Church STEM (TN Episcopal Ministries) Team Walmart Walking Warriors Walnut Grove Community Church** White Oak Grove Church of God Wilder Chapel Congregation Methodist **Winchester First United Methodist Winchester Noon Rotary**

Card of Thanks

To Multi-County Cancer Support Network & Dottie Darnell -

I want to express my deepest gratitude for the financial support you gave me during one of my lowest times in my life. The help with my gas and electric bills helped so much.

To date, my last chemo was May 4, 2023 and, on August 9th, 2023, I was given the news that I am "Cancer Free"!! Thanks to all who helped.

May God return to you the kindness you have shown to me.

Thank you, Brenda Layne

Multi-County Cancer Support Network, Inc. P. O. Box 633 Decherd, TN 37324

RETURN SERVICE REQUESTED

Nonprofit Org. US Postage Paid Winchester, TN Permit No. 6

MAIL TO:

Ray Torstenson, A Hidden Treasure

On August 27, 2023, MCCSN lost not only a former director, but one of the few remaining founding members of our organization. And what a great director and supporter Ray was! He was one of Multi County's hidden treasures.

When I first became active as a board member with MCCSN in the early 2000s, Ray and his wife Janet were on the Board, and they quickly assisted in sharing the history of our organization and why and who we assist with monies we make through donations. Ray was not only supportive of MCCSN, but the love and devotion to his wife was his number ONE priority. You see, Janet had battled cancer at a time when treatments were not as good as they are today, and, in fact, they traveled out West for Janet to undergo one of the first bone marrow transplants. Ray was by her side the entire time. His devotion to his wife is just a



hint of his devotion to MCCSN. Whether attendance at Board meetings, planning and preparation for our annual Walk-A-Thon, and anything else that arose that needed director attention, Ray was willing, able, and ready.

Ray was not only a director I worked alongside with, but he was a man I came to call Friend. Ray would often stop by my husband's and my place of business to chit chat. He was a friend that always had a smile and encouraging/positive comments and stories to tell. He loved sharing his unbelievable art work he would be working on at the time, or talk about his and Janet's many previous trips to Mexico. All in all, he was a very intelligent, fun, and multi-talented guy! And I am thankful for MCCSN, and the opportunity to have met and called Ray's friend.

So when I say MCCSN has lost a hidden treasure, the treasure we have lost is Ray Torstenson. While it has been a couple of years since he was able to attend our Walk-A-Thon, MCCSN was still one of his top priorities, and we are forever grateful to Ray for his dedication and service through the years to Multi-County Cancer Support Network.